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# *Youth Phoenix*

NATIONAL  
MOTIVATION TRAINING



# CONTENT

- Ice-Breaker
- RULES Pursuant
- Wider civic participation and fostering a sense of European citizenship
- Canva Project
- Coffee Break
- Building skills for forging solidarity and inclusiveness



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# Ice-braker



1. What are your 3 strengths?
2. What are your 3 core values/life principles?
3. Where are you now and where do you see yourself?
4. If you could describe your involvement in the community (proximal or distal) through a metaphor of a meteorological phenomenon, what would it be? Why?





# Ice-braker



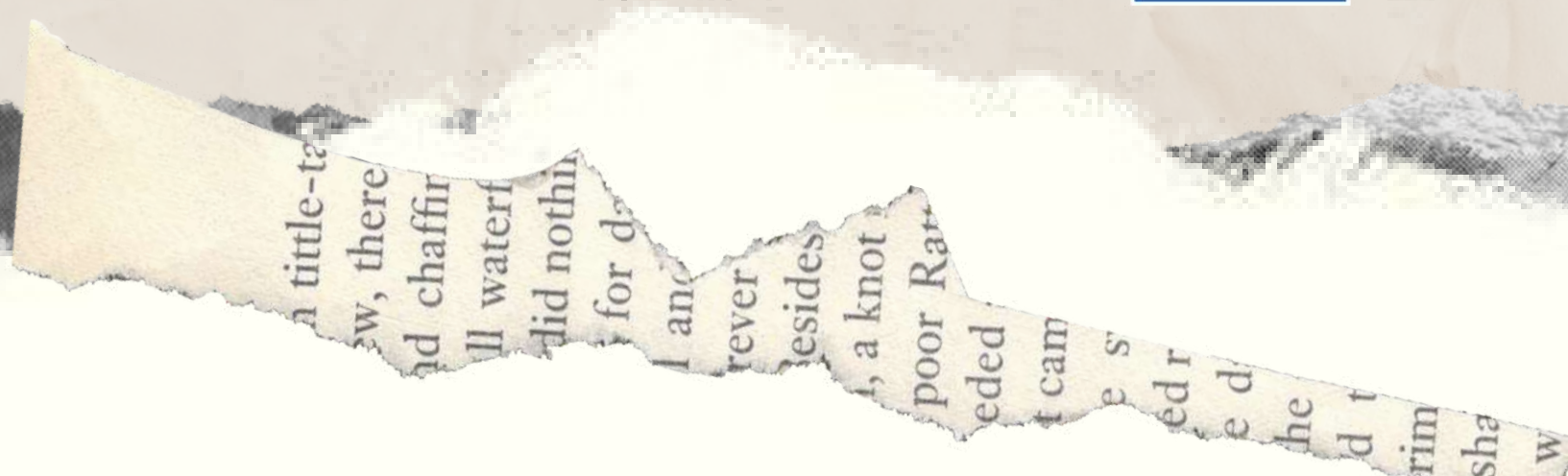
## Debrief

What do you think is the purpose of a knowledge game in youth work? What elements should a knowledge game contain?

1. What do you think these items in the questions refer to? The exercise aims to identify the fundamental elements of self-knowledge: values, principles and norms, vision and purpose in life, but also the state of flow - role in reflection, establishing connections and discovering common and unique elements



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# Purpose

Internalizing European values and principles to build a sense of community  
Identifying individual or community means of action to encourage the active participation of young people





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# European Values

- Human insanity
- Freedom
- democratically
- equal
- The rule of law
- Human rights



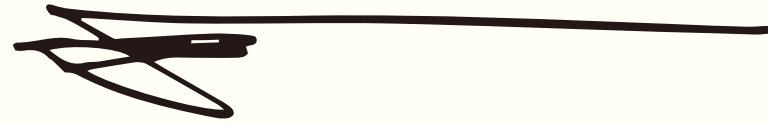
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# *EU Priorities*

## *2019-2024*



- **Protecting citizens and freedoms**
- **Developing a strong and vibrant economic base**
- **Building a climate-neutral, green, fair and social Europe**
- **Promoting European interests and values on the global stage**

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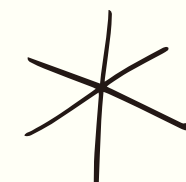




# *European Youth Goals*



- **Connecting EU with Youth**
- **Equality of All Genders**
- **Inclusive Societies**
- **Information & Constructive Dialogue**
- **Mental Health & Wellbeing**
- **Moving Rural Youth Forward**
- **Quality Employment for All**
- **Quality Learning**
- **Space and Participation for All**
- **Sustainable Green Europe**
- **Youth Organisations & European Programmes**



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# Project

- Create the following elements in Canva:
- Choose a core value from the European ones and represent it graphically in a youth appeal
- What are the observable/manifest behaviors that people express when they adhere to these values?
- What can we do to succeed in promoting/integrating this value in the broadest sense?
- What could be a European youth objective associated with the previously stated activities?



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*“Diversity is something you count. Inclusion is something you feel.”*

Learning-by-doing



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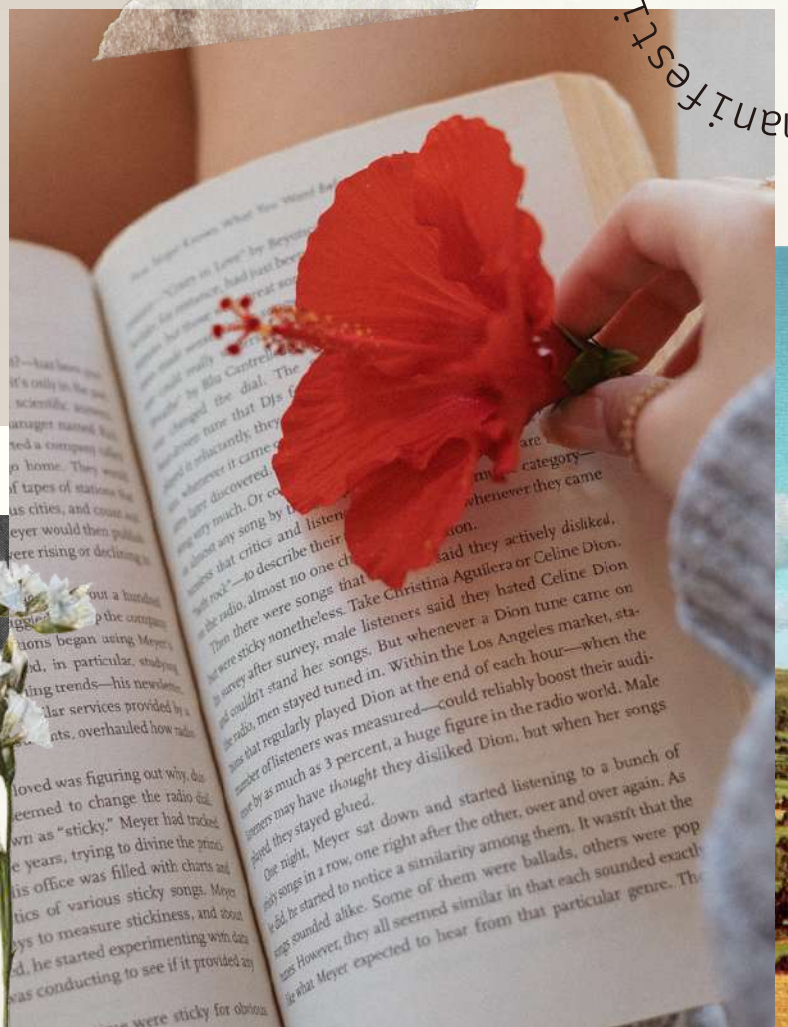


# Solidarity and Inclusion

What is the first word that comes to mind  
when you hear these terms?  
Mentimeter can be used



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# Solidarity and inclusion

Inclusion means respecting and appreciating diverse identities and experiences and facilitating the full participation of all. Note that the term itself implies that the people you are trying to include were probably previously excluded.



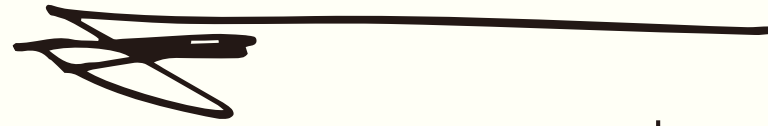
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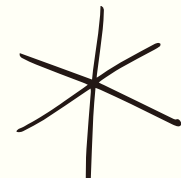
# *Define the terms:*



Learning-by-doing

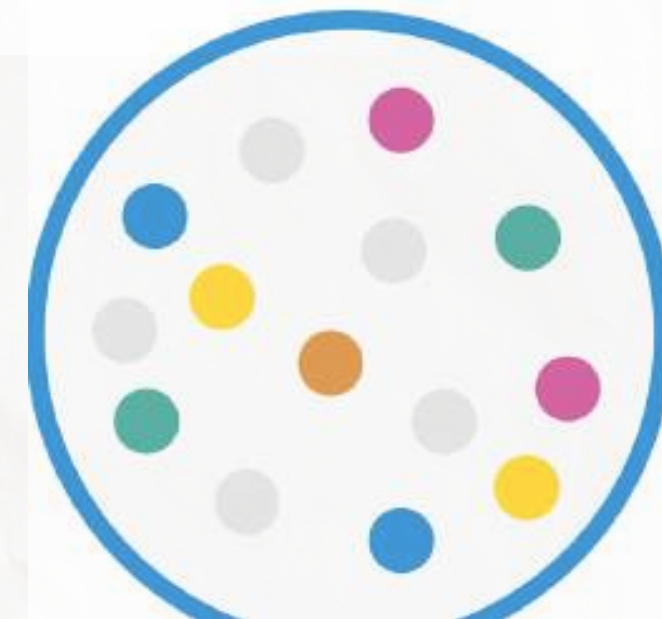
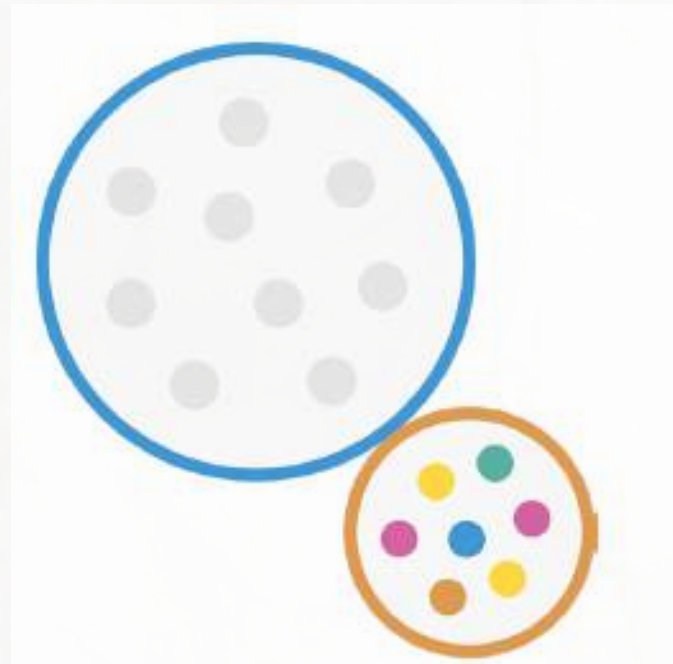
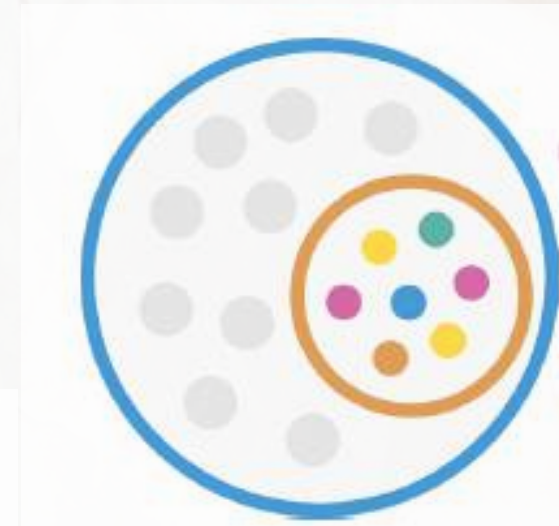
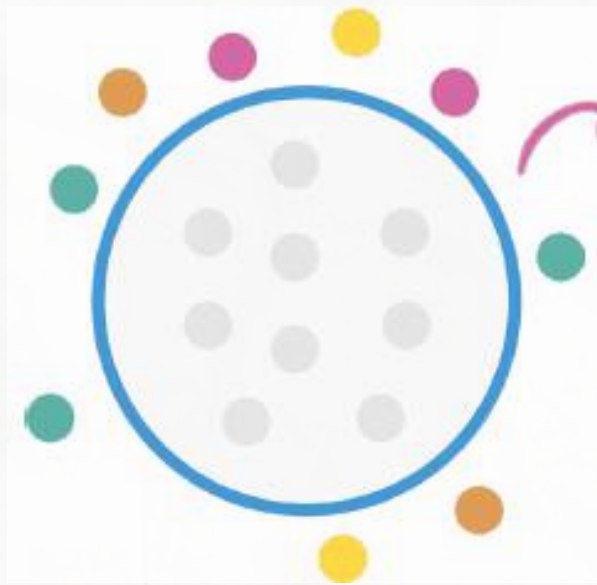
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**Exclusion**  
**Segregation**  
**Integration**  
**INCLUSION**



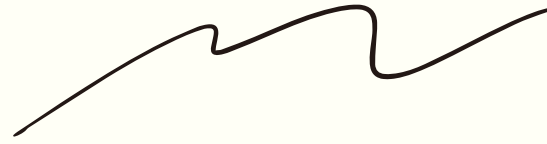


*Match the terms with the representative image*

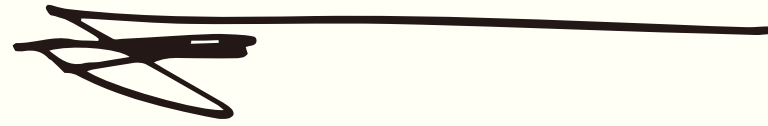




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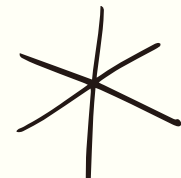


# *Inclusion*



For inclusion to be successful, it requires a paradigm shift toward openness and accountability for historical and systemic oppressions. This requires understanding the dynamics of social exclusion and how differentials in power and privilege influence young people with fewer opportunities.

what can we do?  
to use Mentimeter





# *Inclusion*



Equity means giving all people the access and resources they need to succeed. It compares to equality, which involves giving everyone the same access and resources.

Thus, equity takes into account the structural factors that favor certain groups and marginalize others. As a result, justice can often demand unequal treatment for different groups or individuals to ensure that each of them has access to the same opportunities.

Without equity, the inclusion of people in organizations and programs cannot truly be said to happen, especially when their differences in privilege are not taken into account.

